Greetings my friends, supporters, loved ones. I know I've probably said this, or things like this, many times. Every time I say it, it is as heartfelt as the first time. From the bottom of my soul, I thank you for your support.

Living in here, year after year, day after day, week after week, plays on your concepts of time and your process of thought beyond what you can imagine.

Every day, I have to say a prayer in the morning, about keeping my spirit up and the spirits of our people.

The struggles of the American Indian Movement, which are the struggles of all of us, have never ended for me. They go on, week after week, month after month, year after year.

When I speak, sometimes I think I may sound a bit too sensitive, but my love for my people and the love supporters have shown me over the years is what keeps me alive.

I don't read your letters with my intellect. I read them with my heart.

My imprisonment is just another example of the treatment and policies our people have faced since the arrival of the first Europeans.

I'm just an ordinary man and I come from a live and let live society, like all our people.

And yet we have had to live in a state of survival ever since Columbus landed.

There is nothing about my case, nothing about the Constitution, which is a treaty between the American people and the government, that warrants my continual imprisonment.

They have historically imprisoned or killed our people, taken our land and resources. Any time the law was in our favor they ignored the law or changed the law to benefit their agenda

And after they have gotten what they wanted, a generation later, some politician would apologize.

They have never negotiated sincerely with us unless we had something they wanted and could not take, or we were an embarrassment before the world, or we were some sort of opposition

The opposition has always been the dominant reason for them making treaties with us.

I could go on and on about the mistreatment of our people and on and on about my case, but the United Nations said it.

That the United States has kept me locked up because I am Native American.

The only thing that really makes me different from other Native Americans who have been mistreated, had land taken, or been imprisoned by our government, is that it is all a matter or court records in my case. The violation of Constitutional rights has been proven in court. The fabrication of every piece of evidence used to convict me has been proven in court. The United Nations itself, comprised of 193 nations, has called for my release, noting I am a political prisoner.

In my case as a political prisoner there does not have to be a prisoner exchange. The exchange they need to make is from their policy of injustice tom a policy of justice.

It does not matter what my color and ethnicity are. Black, red, white, yellow, brown – if they can do it to me, they can do it to you.

The Constitution of the United States is hanging by a thread.

Again. I want to say, from my heart to your heart, most sincerely – do your best to educate your children. Teach them to defend themselves physically, mentally, and spiritually. Make them aware of our history.

Teach them to plant a food forest or any plant that will provide for them in the future.

Again, from my heart to yours, plant a tree for me.

In the Spirit of Crazy Horse.

Doksha,

Leonard Peltier